# Synchronous and asynchronous theta activity mark human episodic memory encoding

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#### Motivation

Theta activity during memory encoding has been hypothesized to represent oscillations that synchronize to mediate memory formation<sup>1</sup>.

Do the data support this hypothesis?

A confounding and unexplained empirical observation is that theta power has been shown to overwhelmingly decrease during memory encoding<sup>2</sup>.

#### **Methods: ECoG and Free Recall**



We collected electrocorticographic (ECoG) data from 68 leftlanguage dominant neurosurgical patients during a free recall task.

## **Theta Power Decreases During Encoding**



## Calculating Theta Synchrony



#### Theta Synchrony during Encoding



## Localizing Synchrony: Graph Theory



To more precisely localize changes in synchrony, we used a graph theoretic approach.

### Theta Synchrony Localizes to L. PFC



## **Two Patterns of Theta Explain Results**



Successful memory encoding causes two changes in the theta band. (1) asynchronous, broadband decreases in low-frequency (LF) power (2) synchronous, narrowband theta ( $\theta$ ) oscillations

#### Theta Activity During Memory Encoding



However, asynchronous theta activity also robustly co-varies with memory formation. Together, synchronous and asynchronous theta occur in a coordinated spatio-temporal pattern during encoding.

#### References

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